

CHRISTMAS AND NEW YEAR YOGA TIMETABLE

Please note we have a modified timetable over Christmas and New Year

Saturday 24/12/2016	8:30 – 9:45 AM 10:15 – 11:30 AM 1:00 – 1:45 PM	All Levels Gentle Meditation
Sunday 25/12/2016	Closed	
Monday 26/12/2016	Closed	
Tuesday 27/12/2016	Closed	
Wednesday 28/12/2016	9:30 – 10:45 AM 4:30 – 5:30 PM 5:45 – 7:00 PM	Gentle All Levels Gentle
Thursday 29/12/2016	9:30 – 10:45 AM 12:10 – 12:55 PM 5:45 – 7:00 PM	All Levels All Levels All Levels
Friday 30/12/2016	9:30 – 10:30 AM 1:00 – 1:45 AM	Gentle Young @ Heart
Saturday 31/12/2016	8:30 – 9:45 AM 10:15 – 11:30 AM 1:00 – 1:45 PM	All Levels Gentle Meditation
Sunday 1/1/2017	Closed	
Monday 2/1/2017	Closed	
Tuesday 3/1/2017	Closed	
Wednesday 4/1/2017	9:30 – 10:45 AM 4:30 – 5:30 PM 5:45 – 7:00 PM	Gentle All Levels Gentle



We wish you and your family a happy and healthy Christmas full of awesome fun, delicious food, and beautiful friends and family